

FREE RESOURCE

LinkedIn Outreach Safety Checklist

Pre-launch checklist for safe, high-converting LinkedIn automation campaigns.

Account Preparation

- ✓ LinkedIn profile is fully optimized (professional photo, headline, about section)
- ✓ LinkedIn SSI Score is above 40 (check at [linkedin.com/sales/ssi](https://www.linkedin.com/sales/ssi))
- ✓ Account has been active for 30+ days with organic engagement
- ✓ Sales Navigator subscription is active (recommended for higher limits)
- ✓ Profile URL is customized ([linkedin.com/in/yourname](https://www.linkedin.com/in/yourname))

Tool Configuration

- ✓ Using cloud-based automation (not browser extension)
- ✓ Dedicated IP address configured for your account
- ✓ Random delays set between 45-120 seconds between actions
- ✓ Activity scheduled within business hours in your timezone
- ✓ Weekend activity disabled or reduced to minimal

Daily Limits (Safe Thresholds)

- ✓ Connection requests: 50-70 per day maximum
- ✓ InMail messages: 25-30 per day maximum
- ✓ Profile views: 100-150 per day maximum
- ✓ Follow-up messages: 50-70 per day to connections
- ✓ Post engagements (likes/comments): 30-50 per day

Message Quality

- ✓ Every connection request includes personalized first line
- ✓ No identical messages sent to more than 5 people
- ✓ Message templates use dynamic merge fields (name, company, role)
- ✓ CTA is soft and conversational (not hard pitch)
- ✓ Follow-up sequence has 3-5 touches over 14-21 days

Ongoing Maintenance

- ✓ Withdraw pending connection requests older than 3 weeks
- ✓ Monitor connection acceptance rate (target: 25%+)
- ✓ Review reply rate weekly (target: 8-15% positive)
- ✓ Check SSI Score monthly for drops
- ✓ Audit Search Terms Report for targeting accuracy

Red Flags to Watch For

- ✓ Connection acceptance rate drops below 15%
- ✓ You receive a LinkedIn warning or temporary restriction
- ✓ SSI Score drops more than 5 points in a week
- ✓ Reply rate drops below 3% across all sequences
- ✓ Pending invitations exceed 1,000

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